

GRAND MESA GLIDERS

2007-2008 JUNIOR DEVELOPMENT TEAM MEMBERSHIP FORM

Name _____ Age _____
School _____
Parents/Guardian Name _____
Address _____
Email _____ Phone _____

AGE GROUP DUES SCHEDULE

Class*	Year of Birth/Age	Class	Member/non-member** price	RMN Dues
J1	1989-1991 (16-18)	OJ, J1, J2	\$175/\$160	\$25
J2	1992-1993 (14-15)	OJ, J1, J2	\$175/\$160	\$25
J3	1994-1995 (12-13)	J3	\$140/\$125	\$10
J4	1996-1997 (10-11)	J4	\$140/\$125	\$10

*Class is determined by the age of the skier on December 31, 2007.

**Member = member of Grand Mesa Nordic Council.

SKIERS MUST HAVE THEIR OWN EQUIPMENT:

WAXED SKATE SKIS, CLASSIC SKIS, POLES, AND BOOTS

Dues go towards coaching expenses, travel, and ski and wax equipment for the team. Members will receive coaching from November until mid-March and will participate in dryland training camps during the summer.

FIRST TEAM MEETING: Friday, November 16, 2008 - time and place, T.B.A.

JR. DEVELOPMENT TEAM CAMP - November 16-18th, on the Grand Mesa.

The Grand Mesa Gliders are teaming up with Aspen Valley Ski Club and Durango Ski Club to host a cross country ski cam for Juniors on the Grand Mesa. The camp is open to all levels of junior skiers, grades 5-12, from novice to advanced; prior cross-country ski experience is not required. Coaches will combine significant technique work with a good amount of skiing. Skiers will be grouped according to ability to provide the best coaching experience possible. Participants will receive a variety of useful tips and information, ranging from training and racing advice. An afternoon session will take place on Friday, morning and afternoon coaching sessions on Saturday, with one longer morning session Sunday to allow for early departures. The camp cost is free to GMG junior development team members (must register before Nov. 13th). Cost does not include lodging or meals.

Practices: Weekly practices on alternating Saturdays and Sundays will be held on the Grand Mesa from December through March. Skiers will also travel and compete in several races during the season. Athletes will be required to attend at least one summer dryland camp.

Amount due:

Program cost: \$ _____

RMN Dues (includes team hat): \$ _____

TOTAL: \$ _____

Make Checks Payable to Grand Mesa Gliders. Mail to GMG, P.O. Box 45, Mesa, CO 81643

AGREEMENT

I agree to abide by the rules and policies and procedures set by the Grand Mesa Gliders and the Rocky Mountain Nordic Code of Conduct. I further agree to accept all decisions concerning training and racing schedules set by the coaching staff of the Grand Mesa Gliders. I the undersigned, for myself, my heirs, and personal representatives, waive and release any and all rights and claims for damages I may have against the Grand Mesa Gliders and coaches for all claims of damages or injury whatsoever in any manner arising from my participation in any Grand Mesa Gliders program, including but not limited to training sessions and/or ski meets or training camps and transportation to and from training sessions and/or ski meets or training camps.

Athlete Name _____ **Signature** _____ **Date:** _____

Parent/Guardian
Name _____ **Signature** _____ **Date:** _____

GRAND MESA GLIDERS

Sundays at 1:00pm in January, 2008
LEARN TO CLASSIC SKI and LEARN TO SKATE PROGRAMS

Name _____ Age _____

School _____

Parents/Guardian Name _____

Address _____

Email _____ Phone _____

Please Check the box for the Program you wish to participate in:

Learn to Classic Ski Program: _____

- (Fishscale ski program) - for children ages 5 to 12. It is designed for children who want to learn to cross country ski or are beginners. The emphasis is on having fun on skis, while developing basic skills in the classic technique. This program allows kids to rent skis for only \$1.00.

COST: \$30.00 Grand Mesa Nordic Council member/non-member, \$40.00

DO YOU NEED TO RENT EQUIPMENT? _____ YES _____ NO

(IF YES, PLEASE INCLUDE AN ADDITIONAL \$4.00).

Learn to Skate Program: _____

- for kids ages 10-16 who already know how to ski the classic technique and want to learn how to skate. The sessions will consist of drills and activities that introduce kids to the skate technique. The emphasis is on fun and developing a life long interest in x-c skiing, with an introduction to racing.

MUST HAVE OWN EQUIPMENT: WAXED SKATE SKIS, POLES, AND BOOT

COST: \$30.00 Grand Mesa Nordic Council member/non-member, \$40.00

**** Both programs meet at Skyway trail on**
January 6, 13, 20, and 27, 2008.

Volunteer Hour:

I am interested in volunteering in the following capacity (please check any applicable):

- ☐ Warming Station ☐ Skiing Sweep ☐ On-site first aid respondent
☐ Providing Snacks/drinks ☐ Game set-up or take-down ☐ Coaching assistant
☐ Other (please describe): _____

- ☐ I would like to volunteer for more than one hour for a cost set-off.

Indicate number of hours in addition to the required volunteer hour _____

Amount due:

Program, Grand Mesa Nordic Council member: **\$30.00**

Program, non-member: **\$40.00**

Classic rental equipment (no discount): **\$4.00**

Team Hat and RMN membership (no discount): **\$10.00**

SUBTOTAL: **\$ _____**

minus volunteer discount (number of hours x \$10.00) **\$ _____**

TOTAL: **\$ _____**

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Athlete Name _____ **Signature** _____ **Date:** _____

Parent/Guardian
Name _____ **Signature** _____ **Date:** _____